

## Hillarys & Districts Branch

Branch meets at 10:00am on the first Wednesday of each month at the Flinders Park Community Hall, 137 Broadbeach Boulevard, Hillarys.

# April 2025 Newsletter – Issue 227

National seniors Australia is an advocacy group for the over 50 population representing issues at Local, State and National Governmental levels. If you have an issue that you would like the NSA Policy Advisory Group to consider, mention it to your committee and they will start the process."



### Help Needed:

Can we please have some able-bodied men turn up a little early for the meetings and help set up the hall, and help pack up the hall at the completion of our meetings.

### Presidents Report

The next meeting on the 2nd of April will be the 21st year that the branch has been operating in one form or another. I cannot believe that it has been a year since we were celebrating our 20th anniversary. I'm quite convinced the older I get, the faster the weeks, months and years pass.

This year we are going to have a low-key celebration where we acknowledge members who have passed away, members who cannot attend our meetings, life-time members and current members who continue to support the branch. We will celebrate with a longer morning tea and special non-alcoholic punch, the origins of which you will hear more about at the meeting.

I would like to opportunity to think those members who took the phone numbers of prospective members and contacted them. We had varying degrees of success, but it did save me a day of sitting on the phone giving the same information.

On a more sober note, and it needs to be mentioned. It really is quite demoralizing when there appears to be a lack of support for branch meetings and activities. At the committee meeting this month, concern was expressed over the lack of participation we seem to get at our lunches and dinners. With general attendance at our meetings around 30+ one would expect that we would have more than five or six of the same people in attendance at the restaurants. Having said that we are asking for your input into our lunch and dinner programs.

If you have something that you would like to suggest or a restaurant you would like to go to for the evening dinners, contact or speak to Shelly Stanley. For the daytime lunches, any suggestions, speak to Karen Mortlock. Speak to me about the choice of outings.

This is your branch, and we all need to work together to ensure that we cater for everybody's interests.

**Stay Happy, Healthy and Safe**  
**Cheryle Medcalf**

## Member's Welfare

If you become aware of a member who is dealing with illness or hear of a member who has passed, please contact one of the Committee Members. Notification can then be sent to other members who wish to visit or pay their respects.

## Membership Renewals

**One year** – \$49:50 single or \$80 joint

**Two years** – \$88 single, or \$143 joint

**Three Years** - \$120 single, or \$180 joint

**Five years** – \$220 single, or \$325 joint

Membership payments cannot be paid via our local branch they must be paid directly to the Head Office.

You can do this via one of these three options

Via the website:

<https://nationalseniors.com.au>. Login and pay online using a debit or a credit card.

Via your phone:

Phone them on 1300 765050 or 073233 9191 they will be able to find your membership

details and debit your account for the membership payment.

By cheque:

the postal address is:

GPO Box 1450,  
Brisbane,  
Queensland 4001

Please make sure you include your name, club, and the reason for the cheque.

For the payment of outings etc. use our local branch account

**Account Name:** National Seniors Assoc  
Hillarys.

BSB: 036-226 A/C No: 24-9794

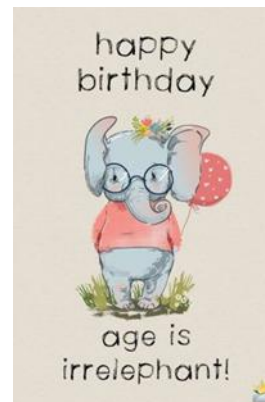
Please include Surname and keyword in the transfer.

**Do NOT** combine payments for multiple functions, only pay for one function at a time.

**Name Badges:** If you want a name badge you need to speak to our treasurer Bronwen Mears. She will arrange this for you.

**The cost to you for a name badge is \$12.**

**To all our members celebrating birthdays in April**



Wishing you all a very happy birthday filled with love, laughter, pressies and cake.

Members if you bring in items for the freebie table, please remember that if no one has picked them up you are responsible for taking the items home with you again.

## For Your Calendar

**Next Meeting:** Wednesday 2<sup>nd</sup> of April

**Time:** 10am.

**Speaker:** Peter Snow

**Topic:** From Derelict to Iconic ... and Beyond

## National Seniors Australia – Hillarys & District Branch

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The transformation of Australia's last derelict whaling station in Albany into a thriving tourism destination.

Peter Snow shares the fascinating story of how a forgotten industrial site became one of the region's major attractions, contributing over \$40 million to Albany's economy.

More than just history, this is a story of transformation and legacy—one that continues to shape Albany's future.

The meeting is followed by lunch at Mia Cucina at the Hillarys Boat Harbour.

**Next Committee Meeting: 21<sup>st</sup> May**

### QUOTE OF THE MONTH

Go out on a limb. That's where the best fruit is

- Jimmy Carter -

### Social Events



#### Monthly Morning Tea

Because of Easter there will be no April Morning Tea meetup.

Our next morning tea will be on Friday May 16<sup>th</sup>

#### Monthly Dinner

A time for members to celebrate a birthday, anniversary, or just "celebrate life" with fellow members and friends.

**When:** Thursday 24<sup>th</sup> April

**Time:** 6:15 pm

**Where:** Tassels Bar and Bistro  
8 Tassels Place  
Innaloo

Fully Licensed

Parking in the open carpark opposite.

contact Shelly on - mobile:0419 918 311 or email her on: b.stanley@bigpond.com if you wish to attend.

If you put your name on the list and need to cancel, please contact Shelly directly.

#### Monthly Lunch

A time for members to celebrate a birthday, anniversary, or just "celebrate life" with fellow members and friends.

**When:** Friday 11 April

**Time:** 12.00

**Where:** Topolinis Caffè, 639 Beach Road Warwick (Inside the Grand cinema complex at Warwick)

There is lots of parking close by on the northern side of the Warwick Shopping Centre site. The very extensive menu is modern Italian and it is fully licensed but you can also BYO (wine only)

Gluten free penne pasta is available. On Friday lunchtimes all pasta dishes are available at the reduced price of \$18.50.

If you want to attend a lunch or need to cancel, please contact Karen on 0437510204 or email her on karenlea1000@gmail.com so the venue can be given accurate numbers.

#### What's Happening in Perth

The Boorloo Heritage Festive runs from the first to the thirtieth of April

The festival is a month-long celebration of the built, cultural and natural heritage of Boorloo (Perth).

For more information visit the website

<https://visitperth.com/Boorlooheritagefestival>

***What is below is just to fill up a bit of vacant space on the newsletter....***

## National Seniors Australia – Hillarys & District Branch

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Where I'm from....

I am from simmering salt lakes  
From Holden cars and Hannans beer  
I am from the place of tin roofs, dust and  
crows cawing  
I am from the towering slime dumps and  
cyanide on the breeze

I am from Sunday roast dinners  
And after the session drunken parties  
I am from cold lonely nights hiding under my  
bed  
as the noises of the night swirl around me

I am from the red earth and salt bush  
From the sweat running down my back and  
the flies in my eyes  
I am from warm eggs straight from the  
chooks, and figs from the tree  
From mum in her apron baking porridge  
biscuits  
And dad chopping wood out the back

I am from the land of ancient rocks  
And the spirits that walk upon them  
The brilliant stars at night  
The heat of summer and the frosts of winter  
All this is part of who I am



National Seniors Australia (NSA)

### Helpful Information

Elder Abuse Helpline WA: 1300 724 679  
Seniors Card (WA): 6551 8800  
Centrelink (Retirement): 132 300  
Employment Services: 132 850  
Seniors Info Services: 6551 8800

Older People's Rights Services: 9440 1663  
Aged Care Complaints Commissioner:  
1800 550 552

National Carer Gateway: 1800 422 737

Dept of Veterans Affairs: 133 254  
Dementia Australia - 1800 100 500.  
Justice of the Peace - Saturday Morning at  
Joondalup Library. 10.00am – 12.30pm  
Woodvale Library 9.30am – 11.30am

WA Scam Internet Site:-

[www.scamnet.wa.gov.au](http://www.scamnet.wa.gov.au)

### BRANCH CONTACTS

**Please note members** as I'm both the Secretary and the newsletter Editor I'm only checking the Newsletter Editors email account, **NOT** the Secretary email account. If you wish to email me about any NS matter, please use the Newsletter Editor email account.

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