

DIARY DATES

August 27th Kedron Wavell Ladies Auxiliary Charity Morning Tea.....\$25

September 12th ANNUAL BBQ 10am - John Leitch Memorial Park Leitch's Rd, Albany Creek. BYO Morning Tea. Please see John to book\$10

October 24th BUS TRIP St Bernard's Mt Tamborine (Lunch at own expense).....\$55

COMMITTEE MEMBERS:

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THE FUNNY SIDE

It was that time of year again for my annual check up with my GP. After arriving at the surgery, and being ushered into my appointment, my Doctor explained that he needed to undertake a number of general tests, which he then proceeded to do. After a while, he stopped, moved to his desk and sat down. I asked, "What's up? Do you think I'll live a long and healthy life then?" He looked a little worried and replied, "I doubt it somehow. Mercury is in your anus right now - which isn't good." I said, "I don't believe in any of that astrology nonsense." He replied, "Neither do I...but my thermometer just broke!"

NSA Our Generation Magazine

<https://nationalseniors.com.au/members/our-generation/our-generation-read-online>

Online articles can be accessed via the link: <https://nationalseniors.com.au/news/>

AUGUST QUIZ ANSWERS: Adelaide, Alone, Apple, Amethyst, Astronomy, Angel, Augustus, Almond, Asleep, Aretha Franklin, Au, Aubergine, Aurora, ABBA, Aorta, Astrology, Australia, Accelerator, Athens, Atlantic

Paper & Printing courtesy of Jimmy Sullivan MP, Member for Stafford

REMINDERS

For group verification and to claim any NSA Discount when ordering lunch, drinks etc, you **MUST** wear your NSA name badge on all outings including lunches.

To purchase a badge, please see Barbara Coleman (Treasurer) at the social meetings. For payment of an event, please do **ONE** of the following ASAP:

- CASH:** Correct money placed in an envelope with:
Your Name – Event & Date – Amount encl.
Please give the envelope to John Canterbury (Tours) or Barbara Coleman (Treasurer) who will issue a receipt.
.....OR.....
- BANK TRANSFER:** Please remember to put your name in the details section of the transfer.
Acct Name: National Seniors Chermide
BSB No: 084150 **Acct Number:** 047984369

*Please remember to put your name in the exercise book at the Social meeting or contact **Karlotta**, our **Activities Co-ordinator**, before the date of the lunch.*

*As soon as you are aware of any club member who is unwell, please let **June Kerrigan** our **Welfare Officer** know immediately, so that she can contact them.*

*If you change your contact or address details, please let **Jeanette Daff** our **Membership Officer** know, as soon as possible.*

*If you have information for the Newsletter and/or need a lift to the meeting or to any of the social outings, including the bus trips, please let **Alayne Brown** our **Public Relations Officer** know, to help with any arrangements.*

National Seniors

AUSTRALIA

CHERMESIDE BRANCH: PO Box 2073, Chermide Qld. 4032

Web Page: nationalseniors.com.au/get-involved/branches/Chermide.



NEWSLETTER – 15th August 2024

Good Morning Members & visitors,

Welcome to the 36th Annual General Meeting of Chermide NSA at our new venue. Thank you Geebung RSL who have 'come to our rescue', welcomed and accommodated us, after our long-standing association with Chermide Bowls Club became unaffordable. I hope you all enjoy the new surroundings and the benefits provided here. A warm welcome to our special guest speakers, Chris Grice, CEO of NSA and Karen Furnivall, NSA Community and Engagement Officer and thank you for also chairing the meeting.

We had such an enjoyable "Christmas in July" coach trip to Maroochydore RSL, where 29 members and friends, jumped on the bus for the day - including several friendly people from Zillmere Seniors Club (which we're so grateful for, as our numbers on the day were down). Thank you John for organising this, as they have now decided to join us on future trips.

Beris still has some "Keep Cash" stickers if you know of a shop or business that promotes cash and is happy to display the sticker. Take a photo of it in-situ if you can, we'll put it on our website. There are some *Branching Out* booklets still available to take home, read and pass on. If you would like a copy of the updated *NSA Chermide Branch 35 year History Booklet*, please see Alayne. Look out for the August "Chermide Guide" (at shopping centres, clubs and libraries). Hopefully, after reading the club profile, we may attract some new members to the club.

Check out the 'Reminders' section for parking and access details - especially on coach tour days - and if in doubt, ask a Committee Officer. As we have no dedicated book storage here yet, some members have volunteered to bring in and take home a limited number of books for members to swap.

Before we elect our Club Office bearers today, I would like to acknowledge and thank Beris, who is retiring from her role as Secretary. Beris has kept our minutes and correspondence timely and precise and has been a such a valued asset to our committee and branch. We will miss you in this role.

Sadly, after 8 enjoyable and fulfilling years as President of our little club, I feel it is time for someone else to take over the role, so I will also step down. To date, there's been no nominations for the position, but I'm hoping that someone will decide to put their hand up to help out today. We already have a great working committee - it just needs a leader. Could that be you??

After today's meeting, we plan to have lunch at the Restaurant. We'd love to see members stay on and enjoy friendship and a meal (or just tea/coffee). Keep healthy, stay safe and drive carefully.

Jenny Tidey OAM
President



TODAY'S SOCIAL MEETING & MORNING TEA (Mobile phones off/on silent please).

The CEO of NSA, Mr Chris Grice and the NSA Community and Engagement Officer Ms Karen Furnivall, will attend our AGM where there will also be an Election of Office Bearers.

TIP OF THE MONTH: PERSONAL SAFETY

If you live alone, please consider using medical and/or personal safety alarms/devices.

NOTES FROM THE LAST MEETING

- ❖ 44 members attended our last meeting and 8 apologies were received.
- ❖ We had 4 Visitors: Keith Boucher, Leslie Single, Derry Beavis and Catherine Kent. It was wonderful to see both Keith and Leslie join our bus trip for our Christmas in July.
- ❖ Our guest speaker was Andrew Campbell, a Masters Qualified Audiologist who visited with his fiancée Tiffany. He spoke of how untreated hearing loss could be a contributing factor in the cause cognitive decline. So, *if in doubt, check it out!* All members received a copy of his latest book *Hearing & Brain Health*.

<p>AUGUST BIRTHDAYS: John Canterbury, Marie Evans, John Lisson, Laurelle Williams (80), Denise Martin, Chris Acworth</p>		<p>ANNIVERSARIES: CONGRATULATIONS TO ALL!!</p>
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SOCIAL MEETINGS, MORNING TEAS & LUNCHES

- August 22nd 11.30am - LUNCH** - Arana Leagues Club, 247 Dawson Pde, Keperra
- August 29th 11.30am - LUNCH** - Queensland Cruising Yacht Club, Sinbad St, Shorncliffe
-
- September 5th 1pm - COMMITTEE MEETING** - Geebung RSL (12pm Lunch prior)
- September 12th 10am - BBQ LUNCH** - John Leitch Memorial Park Leitch's Rd, Albany Ck. \$10
- September 19th 9am for 10am Start - SOCIAL MEETING & Morning Tea.....\$10**
Mina Mullins and Margaret Hammer from the University of Qld will give us an overview of UQ's diverse offerings including their research facilities, public events, lectures and extensive facilities which are available for use by the wider community.
Why not stay for lunch afterwards in the Restaurant? Let Jenny know if interested.
- September 26th 11.30am - LUNCH** - The Gibson, 352 Stafford Rd, Stafford

SENIOR'S CITY HALL *AUGUST & SEPTEMBER* CONCERTS Tues 12 - 1pm

20th August – Fusion X
A unique blend of disco, funk & soul music.

27th August – Tribute to Michael Bubl 
Brisbane based *Mood Music Swing Band* & vocalist Gary Holley will perform songs from Bubl 's Classic Catalogue

3rd September – Continuum
Music from Qld Conservatorium, Griffith University's newest Jazz ensemble.

10th September – Interstellar with Roger Sayer
The virtuosic organ star plays music from Christopher Nolan's gripping movie, as well as other space related music.

17th September – Making Daybreak
A special concert feat some of Qld's most treasured musicians and composers.



Paper & Printing courtesy of Jimmy Sullivan MP, Member for Stafford

REMINDERS:

1. Our new home venue is Geebung RSL, 323 Newman Rd Geebung. There is a lift and an escalator from the entry foyer up to the 1st floor. If early and the main doors are closed, enter the venue through the Newman Rd entrance of The Cove Kitchen & Bar, which is open from 8am.
PARKING FOR MEETINGS: will be in the car park off Newman Road.
PARKING FOR BUS TRIPS: will be in the carpark adjacent to the trainline, in Collings St.
2. Please check your NSA Membership renewal dates and renew. If unsure, please see Jeanette.

RECENT MEMBER PHOTOS:



Photo from the featured article in the August "Chermside Guide"



Christmas in July at Maroochy RSL 25/07/24
Jenny, John, Gary, Barbara, Vicki & Sue



Why is cash at risk?
* Bank branches are closing
* A decline in cash transactions
* ATM machines are being removed
* Cheques are being phased out

What can you do?
* Withdraw and use more cash
* Subscribe to NSA Connect newsletter
* Display a **Keep Cash** bumper sticker

Look out for these stickers at retailers including, shops, businesses and cafes. Please ask Beris for a couple and see if you can put one up at your local caf , when you next head out for lunch or a coffee.

AUGUST QUIZ All answers begin with the letter 'A' (Answers on the back page)

- | | |
|---------------------------------------|---|
| 1. Capital of South Australia _____ | 11. The chemical symbol for gold _____ |
| 2. All by oneself _____ | 12. Another word for eggplant _____ |
| 3. What is a Pink Lady _____ | 13. Sleeping Beauty's name _____ |
| 4. Purple Gemstone for February _____ | 14. Who sang "Waterloo" _____ |
| 5. Study of Space _____ | 15. Largest artery in the body _____ |
| 6. Christmas tree decoration _____ | 16. Study of Star signs _____ |
| 7. A Roman Emperor _____ | 17. Host Country of 2000 Olympics _____ |
| 8. A type of nut _____ | 18. Speed pedal in a car _____ |
| 9. The opposite of awake _____ | 19. Capital of Greece _____ |
| 10. The "Queen of Soul" _____ | 20. Name an Ocean _____ |