National Seniors

Brighton Branch Newsletter

January 2025

Welcome to 2025



Christmas Lunch

57 members and friends enjoyed the branch Christmas Lunch at the Seacliff Beach Hotel on Wednesday 4th December.

During the festivities a raffle was held, with a multitude of prizes donated by members, raising \$485 for the branch.



BRIGHTON BRANCH MEETINGS

Our Branch Meetings are held on the **3rd Tuesday of each month,** except for December when we do not have a meeting. We meet at the Lighthouse Community Church, corner Jetty Road and The Crescent, Brighton, on the beach side of the railway line. **The meeting starts at 10am,** so arrive from 9.30.

Door entry is \$5 and this includes morning tea and a chance to win a door entry prize. Payment of your Annual Subscription can be made at Branch Meetings. Payment using Cash, Visa, MasterCard or Debit Card is available for Subscriptions, Door Entry and Outings

HIGH TEA PLANNED FOR MARCH

At the Branch Meeting on **18 March**, there will be a presentation ceremony. National Seniors members with connection to Brighton Branch who have 20 or 25 years will receive an award.

After the Awards Ceremony, there will be a High Tea in the Lighthouse Church Hall. Our catering is limited to 60 people and there is no extra cost for this event. Members receiving an award will not

have to pay the \$5 door entry fee. Other members will need to pay the usual \$5 fee.

To attend on 18 March, members will need to put their name down on the list on the back table.

Priority will be given to members receiving an award. If visitors wish to attend, the cost will be \$10.

However, the number of visitors able to attend is expected to be minimal.

The priority order is Award Recipients, other Brighton members and then visitors.

Our plan is to have 10 tables of 6 people, where everyone is seated.

You will be served by our cheerful catering team with coffee or tea.

High Tea food will be on the table when you enter the hall.

We look forward to having a wonderful time on Tuesday 18 March.









SPECIAL EVENTS CALENDAR

Thursday 30th January - Lunch at the **Maid of Auckland Hotel**, 926 South Road, Edwardstown at 12 noon.

Wednesday 26th February - Port Dock Railway Museum. Meet at 10am at the Adelaide Railway Station to catch the train direct to the Museum. Cost \$10. Lunch afterwards.

Thursday 27th March - Bus Trip to the **St Kilda Tramway Museum.** We will enjoy a guided tour, lunch *and a ride on an old tram!* <u>And</u> a visit to the famous Virginia Nursery on the way home. Cost \$60. Meet at **9am** in front of the Windsor Theatre.

Don't forget to register if you wish to come to the **HIGH TEA**, which will be part of the March Meeting. For catering purposes, numbers will be strictly limited to **SIXTY**. See article on page 2.

UPCOMING BRANCH MEETINGS PROGRAM

Our guest speaker on **Tuesday 21 January,** is Dr Chris Bollen (whose father, Dr Michael, was the treasurer of our branch eight years ago). He will be accompanied by his wife, Jane, an accomplished nurse. Their topic is an amalgam of two of his favourite topics very relevant to the elderly: "**Healthy Ageing and Why should I have a Muscle Health Check?**"

REGULAR NOTICES

After each Branch meeting there is a lunch for members who wish to attend. **On 21st January** the lunch will be at the **Broadway Hotel**, 61 Broadway, South Glenelg. If you wish to attend, please put your name on the sheet on the back table at the meeting, so we can advise the hotel of the number of members attending.

THE WALKING GROUP meets at 9.30am EVERY TUESDAY except when there is a Branch Meeting. That week the walk is on the following day.

Our next walk is on **Wednesday 22nd January.** Meet at the Brighton Jetty, walk along the seafront to The Inclusive Cafe (Minda Home) and return.

The following week, Tuesday 28th, meet at Oaklands Reserve carpark (entrance off Oaklands Road, opposite Hendry Street at the lights. Drive to the end). Meet near the toilet block, walk to Cafe Finniss on Finniss Street for refreshments and return to starting point.

A delightful walk along the seafront to the new, exciting, West Beach Surf Lifesaving Club, is on **February 4th.** Meet at the Adelaide Sailing Club carpark (near the boat-ramp).

February 11th meet at Brighton Jetty, walk to the Seacliff Beach Hotel for refreshments and return.



Wednesday 19th February, meet at the Broadway Hotel carpark, walk along the Esplanade to Mamma Carmella's Jetty Road Glenelg and return.

We'd love to have more walkers, so if you'd like to join us (the walks are quite leisurely - or you can just just meet for refreshments) contact **Barbara Hansen** 0448 223 075 or **Rose Cearns** 0405 537 910.

If the weather is inclement, individuals can choose whether they wish to walk or not, otherwise meet at the designated refreshment venue.



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