

**NEXT BRANCH MEETING: Tuesday 9<sup>th</sup> JULY 2024, commencing at 10am, at the Kalamunda Church of Christ Multifunction Centre, 22 Milet Road, Lesmurdie.**

### MANAGEMENT COMMITTEE

Richard Arnold: President 0407 945 465	Clare Arnold: Social Planner 0407 945 465
Tony Crowder: Vice President 9257 2520	Maureen Moffett: Speaker Planner 0427 084 422
Chris Milne: Secretary 0475 582 118	Noreen Townsend: Newsletter Editor 0418 952 076
Patricia Skinner: Treasurer 0428 611 835	

Arlene Quinn: Branch Policy Advisor Group (PAG) Representative: 0402 272 868

### **REMINDER – NSA Kalamunda Branch AGM Notice**

Tuesday 13<sup>th</sup> August 2024, commencing at 10am.

Nomination forms for Committee positions available from the Secretary.

Forms must be with the Secretary 14 days before the AGM (i.e. Tuesday 30<sup>th</sup> July)

*There **will** be changes in the Committee positions at this AGM.*

**GUEST SPEAKER: PETER SNOW OAM, Director, Special Projects, Jacees Foundation Ltd.**

**SUBJECT: ‘From Derelict to Iconic and... Beyond!’**

*Hear the remarkable story behind Australia’s last whaling station – the restoration and creation of a tourism icon. The derelict whaling station in Albany was gifted to the Jacees Foundation in 1980 and is now one of the region’s major tourism drawcards.*

*Since then, this community project has contributed more than \$40 million to Albany’s economy and was gifted to the local community by the Jacees in December 2022.*

### **ACTIVITIES PLANNED FOR JULY, AUGUST, SEPTEMBER & OCTOBER**

**Thursday 25<sup>th</sup> July. Winter Feast (Old Christmas in July) at 12.00 pm for 12.15 pm start at the Kalamunda Club.** Enjoy our Special 2 course lunch, choose one of the following 3 mains. Roast beef and Yorkshire pudding OR Chicken Mignon with Garlic sauce OR Grilled fish with lemon sauce all 3 have roast vegies and a bread roll included plus dessert of Apple and blueberry crumble with custard.

**Cost includes** Special 2 course with choices lunch Cost \$45.00 per person Min 50

**Friday 23<sup>rd</sup> August. See the World in the Valley. Depart TOTH at 9.30am** and travel to the Swan Valley and visit France for morning tea at Maison Saint-Honore, we next travel to India and visit the Sacred India Gallery, the hidden jewel of the Swan Valley before continuing to Italy and The Pasta in the Valley for our 2 course lunch from here we go to ... ? ... before travelling back to Kalamunda **by 3.00pm.**

**Cost includes** Coach travel, morning tea, 2 course lunch with choices and entry fees.

Cost \$58.00 per person. Min 40

**Thursday 19<sup>th</sup> September. Special dinner at the Pines Restaurant (Bentley Tafe)**

**Depart TOTH 5.30pm. Return 9.30pm** Cost includes coach and 3 course dinner.

Cost \$60.00 per person. Names can be listed this meeting. **MAX 40 places.**

## **Tuesday 22<sup>nd</sup> to Thursday 24<sup>th</sup> October 2024. 3 day Vines, River and Sea tour.**

We had a great response to this trip and now have 42 booked so far. If you wish to join this trip you will need to pay a deposit of \$100.00pp at the July meeting. Last year's trip was the Vines Resort with hills and valleys this year it is the Vines with a river cruise, a train ride and the lunches by the sea plus so much more. **Cost include** Coach, accommodation, all meals, morning teas, Mini Golf, and all entry fees **Cost per person** Min 30 \$718.00 Min 35 \$707.00 Min 40 \$681.00 Single sup \$176.00

**Tuesday 10<sup>th</sup> December. Traditional Christmas Lunch** at the Kalamunda Club. 12 00pm start. Santa has been invited.

## **President's notes July 2024**

Our June meeting was addressed by a most passionate young lady Marion Lewis from The Livestock Collective Group telling the farmers' side of the livestock industry, the procedures involved and the consequences on the rural communities if the industry is stopped. Regardless of your personal stand on the issue, farming is still a very generational occupation and the possibility of it being so adversely affected would be devastating for those concerned.

Whilst on the subject of guest speakers, I'm sure we are all looking forward to the July speaker that Maureen has arranged, read her notes in this newsletter.

Those that read the news items that come from head office will have seen that they have started a new campaign for the national government to consider reducing the excise on fuel. If you look back in time to when you could buy a gallon (more than 4 litres) of fuel for 5 bob (fifty cents) prior to the introduction of government excise. The idea of the excise is to pay for the provision of roads etc. but does constitute a large proportion of the per litre price. All of this of course adds to the general cost of living which currently seems to be out of control.

Meanwhile the NSA campaign to retain cash as a currency in the future continues, again those who keep up to date with the news from Brisbane on the internet will have seen that bumper stickers stating the need to retain cash in the future are now available on request. This is a small way we can all get involved so please put in your request and maybe ask for some extra and hand out to friends and relatives.

Recently some caring members have suggested that Clare and I are taking on too much. With the unforeseen move to the Walridge Estate and sale of our home in Maida Vale I would have to agree with them, but these are only temporary intrusions and will be out of the way shortly. But there are some things I had hoped would be passed on to others once they had been established. The responsibility of the defibrillator is one. I had thought that we could have a small group to look after it but when we asked for volunteers only 2 people came forward. This was not enough to ensure that it would be available at all our activities, so I took it on. As my dear dad used to say, you know what thought did, he stuck a feather in the ground and THOUGHT it would grow a hen. Maybe I should have asked for volunteers first, though I still think it's good to have it just in case.

Again, I thought the introduction of the noticeboard would be helpful to keep members up to date with activities in the district in the hope that we would be able to appoint a public relation person. Over the last couple of years, we have asked for a volunteer for the job unfortunately to no avail. (Theres that word thought again!).

I keep an eye on the board from time to time and it does seem to get quite a lot of attention, which is great. Neither of these two chores take much time and I am happy to do them until someone else comes and takes over. Yes, I help Clare with her outings as she helps me with the job of President, we worked this way for more than 40 years in the travel industry and wouldn't have it any other way Any other bits and pieces that I do I see as part of the job as President.

Who knows I may not have a job as President in the future if we don't get some interest in the vacant positions at the AGM in August. There has been some interest shown, but not enough to cover all vacant positions. Maybe there will be a rush of prospects at the last moment.

All for now, see you on the 9<sup>th</sup>.

Richard.

## Frozen Circa 1953

Memories of my childhood are mostly happy ones, but as money was always tight, special treats were few and far between. As we had no fridge, a coolgardie safe was the only means keeping food cool, so an icecream from the corner store on a hot summer day was always a real treat. The only issue was that someone had to be nominated to do the trip. On this occasion I was happy to go as the incentive was to ride my younger brothers brand new Xmas present. A much awaited bike.

The shop was a 5 minute bike ride away. I was more than happy to do the trip, feeling pretty lucky that I was allowed to get on the new bike.

The shopkeeper always put the icecreams in a brown paper bag, so the trick was to carry the icecreams in one hand while holding the handlebar with the other hand and pedal madly to get the said icecreams home before they melted.

Feeling pretty pleased with myself, icecreams in hand, I took off from the shop and all went well till I turned the corner only to be confronted by the 2 biggest bullies in town. These two terrorised every kid they came across and had quite a reputation for doing so. Of course, they were BOYS! I froze as soon as I saw them. I was an easy target and they had obviously seen me going down to the shop and lay in wait for my return.

I assumed they wanted the icecreams, but no, they wanted the bike. I'm not sure what I was more afraid of, arriving home without the bike or facing the music because all I had was a bag full of melted icecreams. Neither was going to be a good outcome for me.

Arriving home very distressed, trying to explain, thru my tears what had happened I got absolutely no sympathy but told very smartly to go back and get the bike. Dragging my brother, who was all of 4 years old, as a backup. With fear in every step I took, not sure if the offenders would still be there, what would I do if they were? how could I possibly get the bike from them?

Well, luck was on my side, thank the Lord, the terrors had vanished, the bike had been thrown into a culvert and luckily not damaged.

Was I relieved, grabbing it and running as fast as I could, with 4 year old trying to keep up. Still no sympathy once home, and disappointment that by then the icecreams were totally ruined.

It was a very long time before I was game enough to pass that way again and always had my eye open, just in case.

Sometime later we actually got a fridge, yipee! Homemade icecream and no more trips to the corner store.

To this day, the bullies, who still live in the town, probably wonder why I give them a bit of a scowl! if I spot them. The saying that you should not hold a grudge, well I think this one is deserved because I have never forgotten it. I'd love to tap them on the shoulder and remind them how they ruined my day some 70 years ago!!

Written by Glenda Cullenane.



## A Little Poem For Seniors, so true it hurts!

Another year has passed And we're all a little older.  
Last summer felt hotter And winter seems much colder.  
There was a time not long ago When life was quite a blast.  
Now I fully understand About 'Living in the Past'  
We used to go to weddings, Football games and lunches..  
Now we go to funeral homes And after-funeral brunches.  
We used to go out dining, And couldn't get our fill.  
Now we ask for doggie bags, Come home and take a pill.  
We used to often travel To places near and far.  
Now we get sore asses From riding in the car.  
We used to go to nightclubs And drink a little booze.  
Now we stay home at night And watch the evening news.  
That, my friend is how life is, And now my tale is told.

So, enjoy each day and live it up...

**Incredible**

Before you're too damned old!

Acknowledgement to NSA Melville Branch

### **SECRETARY'S NOTES:**

If you have recently become a member of National Seniors Australia, or renewed your membership, please see Chris at the next meeting and show him your card or receipt, as NSA Head Office doesn't supply that information to the Branch, members privacy policy. Thank you.

By paying a \$5 entry fee at the registration table does not constitute membership. It is simply a fee to assist us in our hiring, catering & guest speaker/entertainment costs. You must be a member of National Seniors Australia, to be a member of our Branch.

**Postage has increased, please consider changing to email, if this is available to you.**

**Printing by courtesy of Matthew Hughes JP, MLA.**